



Corn Flakes, Choco Flakes, Crunchy Muesli

Allergen : Nuts, Gluten

366 Kcal, 395 Kcal, 372 Kcal per 100 Gms



Cranberry, Raisin, Flaxseeds, Dates & Melon Seeds

Allergen : Nuts



Soya Milk

Allergen : Soya

73 Kcal, 100 Kcal per 100 ML



Honey, Sugar Sachets, Brown Sugar, Sugar Free



Elaichi Banana

91 Kcal each



Musk Melon

34 Kcal per 100 Gms



Grapes

73 Kcal per 100 Gms



Canned Orange Juice

57 Kcal per 100 ml



**Banana
Caramel
Milkshake**
Allergen : Dairy, Soya
325 Kcal per 100 MI



Plain Yogurt
Allergen : Dairy
45 Kcal per 80 MI



**Strawberry
Yogurt**
Allergen : Dairy, Sulphites
41 Kcal per 45 MI



**Butter
Croissant**
Allergen : Dairy, Gluten, Eggs
170 Kcal each



**Custard
Danish**
Allergen : Dairy, Gluten, Eggs,
Sulphites
130 Kcal each



**Candied Fruit
Muffin**
Allergen : Dairy, Gluten, Sulphites
113 Kcal each



**Chocolate
Chip Muffins**
Allergen : Dairy, Gluten
Sulphites
478 Kcal per 100 Gms



**Multigrain
Loaf**
Allergen : Dairy, Gluten, Sesame
285 Kcal per 100 gms



**Whole
Wheat Bread**

ALLERGEN : Dairy, Gluten

334 Kcal per 100 Gms



**Mixed
Fruit Jam /
Marmalade**



**Butter
Chiptet**

Allergen : Dairy



**Gluten-free
Bread**

Allergen: Dairy

298 Kcal per 100 Gms



Boiled Eggs

Allergen : Egg, Sulphites

77 Kcal per 100 Gms



**Chicken Sausage
Casserole with
Pepper & Olives**

Allergen : Soya, Gluten, Dairy



179 Kcal per 100 Gms



**Paprika
Roasted Potato
Wedges**

Allergens: Dairy, Gluten

150 Kcal per 100 Gms



Millet Pongal

Allergen : Nuts, Dairy



84 Kcal per 100 Gms



**Kanda
Batata
Poha**

Allergen : Dairy, Nuts

238 Kcal per 100 Gms



**Aloo
Muttar
Samosa**

Allergen : Dairy, Gluten, Nuts


293 Kcal per 100 Gms



**Banana & Dry
Fruit Sheera**


Allergen : Dairy, Nuts, Gluten, Sulphites

189 Kcal per 100 Gms



Ragi Idli

319 Kcal per 100 Gms



Steamed Idli



225 Kcal per 100 Gms



**Drumstick
Sambar**

Allergen : Dairy

122 Kcal per 100 Gms



**Tomato
Chutney**

99 Kcal per 100 Gms



**Coconut
Chutney**

305 Kcal per 100 Gms