



**Corn Flakes,
Choco Flakes,
Crunchy Muesli**

Allergen : Nuts, Gluten

366 Kcal, 395 Kcal, 372 Kcal per 100 Gms



**Cranberry,
Raisin,
Flaxseeds,
Dates, Melon
Seeds**

Allergen : Nuts



Soya Milk

Allergen : Soya

73 Kcal per 100 ML



**Honey,
Sugar Sachets,
Brown Sugar,
Sugar Free**



**Elaichi
Bari**

91 Kcal each



Water Melon

30 Kcal per 100 Gms



Pineapple

43 Kcal per 100 Gms



**Canned
Pineapple
Juice**

56 Kcal per 100 ml



Mango Smoothie
Allergen : Dairy
127Kcal per 100 ML



Plain Yogurt
Allergen : Dairy
45 Kcal per 80 ML



Oats and Honey Yogurt
Allergen : Dairy
168 Kcal per 45 ML



Butter Croissant
Allergen : Dairy, Gluten, Eggs
170 Kcal each



Custard Danish
Allergen : Dairy, Gluten, Eggs
136 Kcal each





Carded Orange & Poppyseed Muffin
Allergen : Dairy, Gluten
113Kcal each



Marbled Teacake
Allergen : Egg, Dairy, Gluten
415 Kcal per 100 Gms



Multigrain Loaf
Allergen : Dairy, Gluten
285 Kcal per 100 gms



**Whole
Wheat Bread**

ALLERGEN : Dairy, Gluten

334 Kcal per 100 Gms



**Mixed
Fruit Jam /
Marmalade**



**Butter
Chiptet**

Allergen : Dairy

58 Kcal per Chiptet



**Gluten-free
Bread**

Allergens : Dairy

298 Kcal per 100 Gms



Egg Akuri

Allergen : Egg, Dairy

192 Kcal per 100 Gms



**Sausage and
Leek Fricasse**

Allergen : Soy, Gluten, Dairy

148 Kcal per 100 Gms



**Cajun Roasted
Potato Wedges**

Allergens: Dairy



141 Kcal per 100 Gms



**Buttered
Kulcha**

Allergen : Gluten , Dairy

343 Kcal per 100 Gms



**Chole
Masala**

Allergen : Dairy, Nuts

258 Kcal per 100 Gms



**Banyard Millet
Pongal**

Allergens: Dairy, Nuts

151 Kcal per 100 Gms



**Kancheepura
Idli**

169 Kcal per 100 Gms



**Drumstick
Sambar**

Allergen : Dairy, Gluten

122 Kcal per 100 Gms



Steamed Idli

161 Kcal per 100 Gms



**Coconut
Chutney**

231 Kcal per 100 Gms



**Tomato
Chutney**

99 Kcal per 100 Gms