

Apple

95 Kcal each

Banana

91 Kcal per 100 Gms

Grapes

73 Kcal per 100 ML

Musk Melon

34 Kcal per 100 Gms

Orange & Ginger Juice

64 Kcal per 100 ML

Apple, Beets & Celery Juice

243 Kcal per 100 ML

Banana Caramel Milkshake

Allergen: Soy, Sulphites

325 Kcal each

Vegan Papaya Smoothie

Allergen: Soya, Sulphites

153 Kcal per 100 Gms

Assorted Cookies

Allergen: Dairy, Nuts, Gluten, Soya

Chocolate Chip Muffins

Allergen: Gluten, Dairy, Sulphites

113 Kcal per 100 Gms

Assorted Breads

Allergen: Gluten, Dairy



Grissini & Lavash

Allergen: Sesame, Gluten, Dairy



Butter

Allergen: Dairy



Marbled Teacake

Allergen: Gluten, Dairy, Sulphites

478 Kcal per 100 gms



Devilled Eggs in Whole Wheat bread

Allergen: Gluten, Dairy, Egg, Sulphites

249 Kcal per 100 Gms



Corn Chowder

Allergen: Gluten, Dairy, Soya

228 Kcal per 100 Gms



Coriander Hummus

87 Kcal per 100 Gms



Coleslaw Sandwich

Allergen: Gluten, Dairy, Soya, Sulphites

216 Kcal per 100 Gms



Kachumber

Allergen: Sulphites

33 Kcal per 100 Gms



Mast OLaboo

Allergen: Dairy, Sulphites

169 Kcal per 100 Gms



Devilled Egg in Whole Wheat Bread



Allergen: Dairy, Eggs, Sulphites, Gluten

216 Kcal per 100 Gms

Balsamic Vinaigrette



Allergen: Sulphites

93 Kcal per 15 ml

Dahi Wada



Allergen: Dairy, Sulphites

269 Kcal per 15 MI

Mexican Bean & Corn Salad



215 Kcal per 100 Gms

Buttermilk Ranch Dressing



Allergen: Dairy, Soya, Sulphites

65 Kcal per 15 ml

Chicken Sausage & Red Cabbage Salad



Allergen: Soya, Sulphites

156 Kcal per 100 Gms

Chilled Strawberry Cheesecake



Allergen: Soy Dairy, Sulphites

318 Kcal per 100 Gms

Rich Dark Chocolate Tiffin



Allergen: Soy Dairy, Sulphites

446 Kcal per 100 Gms

Sugar free Vegan Sagoo & Melon Pudding



159 Kcal per 100 Gms

Till Bhugga



Allergen: Dairy, Gluten, Sulphites

474 Kcal per 100 Gms

Seviyan Ka Muzzafar



Allergen: Gluten, Dairy, Nuts, Sulphites

423 Kcal per 100 Gms

Szechwan Chilli Chicken with Peppers



Allergen: Soya, Gluten, Sulphites

182 Kcal per 100 Gms

Crunchy Chicken Fingers



Allergen: Dairy, Gluten, Eggs, Sulphites

324 kcal per 100 Gms

Khada Pav Bhaji



Allergen: Dairy

96 Kcal per 100 Gms

Buttered Pav



Allergen: Dairy, Gluten

337 Kcal per 100 Gms

Banana



91 Kcal each

Perumal Vadai



306 Kcal per 100 Gms

Rawa Khichdi



Allergen: Dairy, Nuts

193 Kcal per 100 Gms

Podi Idli



Allergen: Dairy, Gluten

229 Kcal per 100 Gms

Penne Amartciana with Soy Protein



Allergen: Dairy, Gluten, Soya, Sulphites

215 Kcal per 100 Gms



Chilli Garlic Noodles

Allergen: Gluten, Sulphites, Soy

164 Kcal per 100 Gms



Kabuli Channa Qubuli

Allergen: Dairy, Nuts

194 Kcal per 100 Gms