

**Choco Flakes,
Crunchy Muesli,
Corn Flakes**



Allergen: Nuts, Gluten

395 Kcal, 372 Kcal per 100 Gms

**Cranberry,
Raisins, Flax Seeds,
Dates, Almond Flakes**



Allergen: Nuts

Soya Milk



Allergen: Soya

73.18 Kcal, per 100 ML

**Honey, Sugar
Sachets, Brown Sugar,
Sugar Free**



Pears



38 Kcal Each

Banana



91 Kcals Each

Watermelon



30Kcal per 100 Gms

Grape Juice



93 Kcal per 100 ML

**Carrot, Beets and
Ginger juice**



39 Kcal per 100 ML

Mango Smoothie



Allergen: Dairy

127 Kcal per 100 ML

Plain Yogurt



Allergen: Dairy

45 Kcal per 80 ML

Oats and Honey Yogurt



Allergen: Dairy

168 Kcal per 100 ML

Butter Croissant



Allergen: Dairy, Gluten, Eggs

170 Kcal each

Custard Danish



Allergen: Dairy, Gluten, Eggs

136 Kcal each

Candied Orange and Poppy seed Muffin



Allergen: Dairy, Gluten

113 Kcal each

Choco chip Muffin



Allergen: Dairy, Gluten

124 Kcal each

Marbled Tea Cake



Allergen: Egg, Dairy, Gluten

415 Kcal per 100 Gms

Multigrain Loaf



Allergen: Gluten

285 Kcal per 100 Gms

Whole Wheat Bread



Allergen: Dairy, Gluten

334 Kcal per 100 Gms

Assorted Cheese Platter



Allergen: Dairy, Gluten, Nuts

Vegan Banana and Walnut Milkshake

Allergen: Soy, Nuts

133 Kcal per 100 ML



Butter Chiplet

Allergen: Dairy

58 Kcal per Chiplet



Pineapple

43 Kcal per 100 Gms



Egg Akuri

Allergen: Eggs, Dairy

192 Kcal per 100 Gms



Sausage and Leek Fricasse

Allergen: Soy, Gluten, Dairy

148 Kcal per 100 Gms



Mixed fruit Jam & Marmalade



Millet Pancakes

Allergen: Dairy, Egg, Gluten

311 Kcal per 100 Gms



Cajun Roasted Potato Wedges

Allergen: Dairy

141 Kcal per 100 Gms



Buttered Kulcha

Allergen: Dairy, Gluten

343 Kcal per 100 Gms



Chole Masala

Allergen: Dairy, Nuts

258 Kcal per 100 Gms



Mysore Bonda

324 Kcal per 100 Gms



Banana Millet Porridge

Allergen: Dairy, Nuts

151 Kcal per 100 Gms



Drumstick Sambhar

Allergen: Dairy, Gluten

122 Kcal per 100 Gms



Steamed Idli

161 Kcal per 100 Gms



Kanchipuram Idli

169 Kcal per 100 Gms



Beetroot Hummus

252 Kcal per 100 Gms



Zatar Labneh

Allergen: Dairy

261 Kcal per 100 Gms



Multigrain Greek Salad

Allergen: Dairy

156 Kcal per 100 Gms



Simple Salad (Cucumber/Tomato)

13,14,18 Kcal per 100 Gms



Thousand Island Dressing

Allergen: Soy, Dairy

35 Kcal per 15 ML



Tomato Chutney



99 Kcal per 100 Gms

Gluten Free Bread



Allergen: Dairy

298 Kcal per 100 Gms

Balsamic Vinaigrette



93Kcal per 15ML

Coconut Chutney



231 Kcal per 100 Gms