

**Choco Flakes,  
Crunchy Muesli,  
Corn Flakes**



**Allergen: Nuts, Gluten**

373 Kcal, 397 Kcal, 357 Kcal per 100 Gms

**Assorted Nuts &  
Dry fruit topping for  
Cereals**



**Allergen: Nuts**

**Soya Milk**



**Allergen: Soya**

73 Kcal per 100 ML

**Honey, Sugar  
Sachets, Brown Sugar,  
Sugar Free**



**Orange**



43 Kcal Each

**Banana**



71 Kcals Each

**Sliced  
Watermelon**



34 Kcal per 100 Gms

**Musk Melon and  
Ginger Juice**



43 Kcal per 100 ML

**Litchi, Cucumber  
Juice**



65 Kcal per 100 ML

**Vegan Pabana  
Smoothie**



**Allergen: Soya**

117 Kcal per 100 ML

## ***Plain Yogurt***



**Allergen: Dairy**

45 Kcal per 80 ML

## ***Blueberry Yogurt***



**Allergen: Dairy**

82 Kcal per 100 Gms

## ***Butter Croissant***



**Allergen: Dairy, Gluten**

149 Kcal Each

## ***Custard Danish***



**Allergen: Dairy, Gluten**

143 Kcal Each

## ***Chocolate Chip Muffin***



**Allergen: Dairy, Gluten**

124 Kcal Each

## ***Carrot and Raisin Muffin***



**Allergen: Dairy, Gluten**

112 Kcal each

## ***Banana Butterscotch Tea cake***



**Allergen: Dairy, Gluten, Egg**

399 Kcal per 100 Gms

## ***Multigrain Loaf***



**Allergen: Gluten, Sesame, Dairy**

285 Kcal per 100 Gms

## ***Whole Wheat Bread***



**Allergen: Dairy, Gluten**

334 Kcal per 100 Gms

## ***Assorted Cheese Platter***



**Allergen: Dairy, Gluten, Nuts**

## ***White Toast Bread***



**Allergen: Gluten, Dairy**

272 Kcal per 100 Gms

## ***Butter Chiplet***



**Allergen: Dairy**

58 Kcal per Chiplet

## ***Grapes***



69 Kcal per 100 Gms

## ***Strawberry Milk Shake***



**Allergen: Dairy**

312 Kcal per 100 ML

## ***Curried Chicken Sausage***



**Allergen: Soy, Gluten, Dairy, Mustard**

234 Kcal per 100 Gms

## ***Mixed fruit Jam***



## ***Zattar Spiced Potatoes***



**Allergen: Dairy, Sesame**

175 Kcal per 100 Gms

## ***Gluten free Bread***



**Allergen: Dairy**

298 Kcal per 100 Gms

## ***Bansi Rawa Upma***



**Allergen: Gluten, Dairy, Nuts, Mustard**

145 Kcal per 100 Gms

## ***Puliyogare***



**Allergen: Nuts, Mustard, Sesame**

175 Kcal per 100 Gms

## ***Mysore Bonda***



324 Kcal per 100 Gms

## ***Buttered Pav***



**Allergen: Dairy, Gluten**

337 Kcal per 100 Gms

## ***Sambar***



**Allergen: Dairy, Mustard**

122 Kcal per 100 Gms

## ***Steamed Idly***



161 Kcal per 100 Gms

## ***Millet Idly***



217 Kcal per 100 Gms

## ***Sprouted Moong and Aloo Bhaji***



**Allergen: Dairy**

182 Kcal per 100 Gms

## ***Ragi Sevvai***



**Allergen: Dairy, Gluten**

262 Kcal per 100 Gms

## ***Buttermilk Pancakes***



**Allergen: Dairy, Gluten, Egg**

288 Kcal per 100 Gms

## ***Cilantro Hummus***



**Allergen: Sesame**

89 Kcal per 100 Gms

## ***Omi Huriyo***



**Allergen: Dairy, Nuts**

118 Kcal per 100 Gms

## ***Tomato Chutney***



**Allergen: Mustard**

99 Kcal per 100 Gms

## ***Marinated Olives***



154 Kcal per 100 Gms

## ***Lebanese Fatoush with Crisp Pita***



**Allergen: Gluten**

79 Kcal per 100 Gms

## ***Coconut Chutney***



**Allergen: Mustard**

231 Kcal per 100 Gms

## ***Sliced Jalapenos***



16 Kcal per 100 Gms

## ***Moroccan Couscous Salad***



**Allergen: Gluten**

110 Kcal per 100 Gms