

## Pears

38 Kcal each

## Banana

91 Kcal per 100 Gms

## Pineapple

43 Kcal per 100 ML

## Watermelon

30 Kcal per 100 Gms

## Carrot, Beets and Ginger juice

39 Kcal per 100 ML

## Majjige

Allergens : Dairy

58 Kcal per 100 ML

## Narari Sherbath

72Kcal per 100 ML

## Lehar Coriander Soup with vegetables

49 Kcal per 100 ML

## Assorted Bread Display

Allergens : Gluten, Dairy

## Zattar Labneh

Allergen: Dairy

261 Kcal per 100 Gms

## Multigrain Greek Salad



Allergen: Dairy

156 Kcal per 100 Gms

## Focaccia, Grissini & Lavash



Allergen: Gluten, Dairy

## Butter



Allergen: Dairy

58 Kcal per Chippet

## Thai Style Chicken Sausage salad



Allergen: Soy, nuts

192 Kcal per 100 Gms

## Dahi Wada



Allergen: Dairy

269 Kcal per 100 Gms

## Pasta Salad with roasted vegetables



Allergen: Gluten

229 Kcal per 100 Gms

## Beetroot Hummus



252 Kcal per 100 Gms

## Thousand Island Dressing



Allergen: Soy, Dairy

35 Kcal per 100 Gms

## Chicken Clay Pot



Allergen: Soy, Gluten

244 Kcal per 100 Gms

## Balsamic Vinaigrette



93 Kcal per 15ML

## Lasoo ri Dal Tadka

Allergen: Gluten, Dairy

124 Kcal per 100 Gms

## Pasta Alforro with vegetables

Allergens : Gluten, Dairy

228 Kcal per 100 Gms

## Pa neer Mirch Masala

Allergen: Dairy, Nuts

158 Kcal per 1Gms

## Du n Ka Murgh

Allergen: Dairy, Nuts

157 Kcal per 100 Gms

## Mapo Tofu Vegetables

Allergen: Soy, Gluten

142 Kcal per 100 Gms

## Vega ri Curried Noodles

Allergen: Gluten

155 Kcal per 100 Gms

## Salted Cara nel Mousse

Allergens : Dairy, Soy

311 Kcal per 100 Gms

## Black Forest Pastry

Allergen: Dairy, Gluten, Soy

278 Kcal per 100 Gms

## Sago Coco nut Milk Puddi ri

279 Kcal per 100 Gms

## Ragi Ma ri

Allergen: Dairy, Nuts

303 Kcal per 100 Gms

## **Ma᳚᳚o Shrikha᳚᳚**

**Allergen: Dairy, Nuts,**

286 Kcal per 100 Gms

## **Steamed Basmati Rice**

115 Kcal per 100 Gms

## **Roti / Tawa Paratha & Butter Na᳚᳚**

**Allergen: Dairy, Gluten**

265 Kcal, 307 Kcal and 283 Kcal

## **Ba᳚᳚᳚**

91 Kcal each

## **Papad/Pickle/Na᳚᳚s**

## **Curd Rice**

**Allergen: Dairy**

116 Kcal per 100 Gms